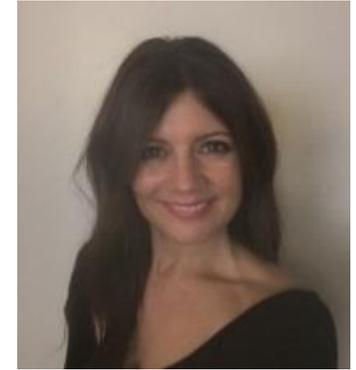


Impact Report 2017 - 2018

Colebrook

inspiring people, supporting communities

CEO Statement



When it comes to writing my bit for the Impact Report, I always look back at last year's 'Looking forward' page to see what we said. It's nice to see that the things we were planning have all come to fruition! Fundraising has taken off, albeit in a small way and we were lucky enough to benefit from donations when some of our talented staff ran the half marathon last year! As well as attracting further investment in some of our established services, we have introduced a new investment policy, supporting small businesses for a return.

Our staff team continues to develop, and we have had a successful year attracting new people, many of which are known to our staff already. We are about to welcome the 4th member of a family on board! Our current staff team is the most positive, enthusiastic workforce I have seen in the organisation to date. They really love their job and working with us, so it's great to have been able to invest more in our teams.

All of our services have developed in different ways, whether it be through expansion, implementing new systems or diversifying, and this means we are now having to look at our premises and central team to better support this growth. We are also cementing new partnerships to develop some of the wellbeing work in the city.

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Highlights

£1,526,871

Income for 17/18

£182 was

awarded to clients
the Promoting
Independence.

Over **3000**
people consulted
about Services

70 volunteer knitters to
knit scarves used to Yarn
bomb Smeaton's Tower

39,797

Outreach support
hours

Support to **45**
mental health
carers

9 million people
on social media.

14% growth in
Tailor made

1 new Mental
Health crisis
service

760 Sign ups

2 new
supported
accommodation
projects

21 local services
visited by Health
Watch.

1 new
Board
Member

38 Service changes
asked for.

We have trained
79 people

468.15 hours
have been
invested in
training Staff in
the Care
Certificate

We have
trained **79**
people

£15,000
invested in peer
lending

Over **30** Community
GP's consulted

18 Volunteers to tend **16**
community Gardens

4 apprentices.



Board of Directors' Reports

Trevor Paul, Chair

Colebrook SW celebrates our 35th anniversary in 2018. Our journey started in 1983 during a significant period in the development of community care and Colebrook (named after our first housing support project in Colebrook, Plympton) was established to support people moving from Moorhaven and other long stay mental health institutions. There was relative stability in Health and Social Care until the mid-2000s and funding remained relatively good. In Plymouth community services had continued to develop. Over this period Colebrook expanded to deliver more supported accommodation projects and took advantage of opportunities to diversify, including providing community-based support.

The Department of Health published Putting People First in 2007. As a result of this Colebrook SW has continued to develop flexible and personal services for vulnerable people. In June 2013 the Society rebranded to become Colebrook SW to better reflect the diversity of the organisation. Over the last year we have continued to focus on offering a high-quality service and due to Vicky and her teams' hard work and creativity the budget situation has continued to improve. Colebrook Support, Colebrook Engagement and Colebrook Community services have all continued to grow and develop, responding to economic and political changes to ensure we can continue to inspire people and support communities.



John Miskelly, Secretary

The Board have also started a detailed review of the current legal structure of Colebrook and the pros and cons of a future change, as well as exploring other potential options to develop new social enterprise. All activity is designed to ensure Colebrook remains a sustainable, highly competitive, organisation committed to providing the services our clients want and need. In addition, any changes will be designed to allow Colebrook to grow existing service provision whilst developing new services for local people and communities.

They say a week is a long time in Politics, well for the Colebrook Board the last 12 months seems to have flown past. Given all the uncertainty in the world of finance the Board undertook a very detailed look into issues such as Ethical Investment, using local service providers, and the Boards fundamental role of ensuring sustainability. As a result, a new investment strategy has been agreed and is being implemented. This new strategy includes investing in stocks, shares and peer lending (Funding Circle).

Looking Forward

I hope we can continue to develop the organisation in our bid to inspire people and support communities.

I think that 2018/2019 will be another interesting and positive year for Colebrook. Celebrating 35 years gives us a fantastic opportunity to showcase our achievements and share future plans with our stakeholders and supporters. It will be an exciting opportunity to align more of our work to wellbeing hubs and primary care developments and work more closely with partners. We will also explore social enterprise opportunities for some of our projects and are hoping to develop our services in Cornwall.

2018/2019 also marks a transition for some of our engagement work and we will be exploring regional options with our partners as part of that process.

I hope we can continue to develop the organisation in our bid to inspire people and support communities.

For a while, the city has been talking about the possibility of a service to help prevent people going into mental health crisis and reduce the impact on A&E, police and crisis teams. Colebrook was successfully awarded the contract to deliver that service.

Staffed by a team, largely made up of volunteer peer mentors, **Head Space** will offer support to people whose mental health is deteriorating. It will provide a safe, non-clinical, welcoming space to take time out, talk to someone and get involved in activities to help people deal with their situation.

Although the service will launch slowly through different organisations, it aims to receive referrals from police and services as well as people just coming along.

It is an exciting development for Colebrook to be part of a new approach to preventing mental health crisis.

Thanks

Colebrook would like to say a big thank you to everyone involved in our services for their support in 2017-18.

Colebrook couldn't deliver its services without a committed and skilled staff team. A huge welcome to all the new staff and volunteers who have joined us this year.

Thanks to our volunteers who govern our organisation and bring an invaluable contribution to our work and to our partners for their support.

Lastly a huge thank you to our clients who choose to receive our services and work with us.

Without this support, I feel I would be unable to manage as well as I do

-A Client in our Tailor Made Support Service

I've learnt a lot with my support workers and they are a lifeline to me. I know that when they come I can talk to them about anything. They are very good, and I can trust them with anything.

-A Client in our On Track Service

I am so glad to be involved with Opportunity Knocks Project as I love all my friends and helping people

-Opportunity Knocks Feedback

I am perfectly happy with my support from Colebrook SW. I have complete confidence in the staff. Colebrook SW seem to train their staff well and they are all nice.

- A Client in our On Track Service

I would recommend Colebrook to someone who is looking for support

-A Client in our Tailor Made Support Service

2017 - 2018

Impact Report

Unit 37, HQ Building,
237 Union Street,
Stonehouse,
Plymouth, PL1 3HQ

T: 01752 205210
enquiries@colebrooksw.org
www.colebrooksw.org

@ColebrookSW 
Colebrook SW 
Colebrook SW 